

THE EDUCATORS COACHING ACADEMY



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A snapshot of our impact on The Birtenshaw Group

“SAM DELIVERED A CLEAR COURSE USING SMALL STEPS TO SUPPORT POSITIVE CHANGES IN MENTAL HEALTH.”

“I now have a structure to guide my students. I take the time to listen and I allow them to communicate what they want to share.”

100% TEACHERS ARE BETTER ABLE TO SUPPORT THEIR STUDENTS' MENTAL HEALTH

100% TEACHERS ARE BETTER ABLE TO SUPPORT THEIR OWN MENTAL HEALTH

“My mental health has already improved since the programme as I don't look back in the past as much as I used to. I will apply the resources we used to my own life. I feel I am now able to take time for myself.”

“I will take the time to listen to others with no interruptions...I will spend more time with family and friends being an effective listener.”

100% TEACHERS LEFT THE PROGRAMME COMMITTING TO CHANGING THE WAY THEY LISTEN TO OTHERS

100% TEACHERS SAID THE PROGRAMME EXCEEDED THEIR EXPECTATIONS

“I enjoyed all of it - the live events, the interaction with other colleagues. It was very handy to fit around my work commitments and the structure was easy and straight forward to follow.”

“I didn't know what to expect and it was super insightful. Sam is fabulous at what he does and he has changed my life both personally and in my career.”

100% TEACHERS ENJOYED STUDYING WITH ECA

100% TEACHERS WOULD RECOMMEND THE ECA TO THEIR COLLEAGUES

“I can already see a positive impact so I believe that everyone should do it.”



Find out more about the ECA [here](#)